

## BELL WORK: WHICH DAY SOUNDS LIKE YOURS?

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1. You're late for school, your phone isn't working right, you have a test today and a project due tomorrow that you're way behind on. Your life is always packed with last-minute responsibilities.
2. You're going to watch three of your favorite TV shows tonight, then play some video games or go shopping and then talk (or text) with your friends the rest of the time. You are the wizard of relaxation.
3. You have some home and school responsibilities to take care of tonight, but you will probably go out with your friends instead, because the new movie comes out tonight and everyone else is going.
4. You're going to work a little on a project that's due next week, spend some time working out with some friends, and then you'll relax because you're a planner and you've got this.

Which of these examples do you relate with the most? Why?

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