

Elevate Beyond: Life Launch		Quarter 2: What abilities do you have to shape your own life?								
		Semester 1: Week 10	Semester 1: Week 11	Semester 1: Week 12	Semester 1: Week 13	Semester 1: Week 14	Semester 1: Week 15	Semester 1: Week 16	Semester 1: Week 17	Semester 1: Week 18
Focus	<i>Ex: Character, Skill, Affiliate Program, Holiday</i>	Culture Building, Caring	Decision Making, Decision Making Relationships	Problem Solving, Communication	Respect, Goal Setting	Vision, Integrity	Leadership, Caring	Communication, Leadership	Communication, Decision Making Relationships	Integrity, Courage
Standards and Objectives	<i>Elevate Objectives</i>	Culture Building - Explain the purpose of Elevate, class expectations, and why their learning and leadership matters. Implement ways to build culture in both the classroom and home. Define positive culture in the classroom and home. Caring - Employ greater, measurable levels of gratitude in their life. Analyze ways they can build a positive attitude towards themselves and others through gratitude. Demonstrate outward concern for others through action. Identify the qualities that make a true friend, such as being able to work through conflict and sticking up for a friend.	Decision Making - Use good time management to balance their priorities. Make good choices related to their health to reach personal life goals. Decision Making - Relationships - Discuss the various meanings of maturity. Judge the influence that relationships have on their success at school and in life. Weigh the risks associated with choosing friends who make unwise decisions and do not act with good character.	Problem Solving - Investigate stress and devise ways to manage it. Explore the benefits of solving problems instead of only reacting to them. Appraise the concept of win-win solutions and apply the concept to personal conflicts. Apply problem-solving methods and tools to order and manage all areas of their life. Communication - Demonstrate effective negotiating skills to avoid riding in a car with someone who you do not know. Define communication as using many methods to accurately relay and receive messages. Compare genuine and poor listening skills. Research and hypothesize ways to diffuse conflicts.	Respect - Define respect as treating others and yourself well. Create new practices that strengthen self-respect. Examine ways to appreciate differences and learn to work together with others. Goal Setting - Define goal-setting as making plans and taking steps to reach your dreams. Develop a personal plan to improve health by staying free of alcohol, tobacco and other drugs. Write goals toward the attainment of their life vision. Monitor goals periodically throughout the school year.	Vision - Express their dreams and the steps that will help their dreams become a reality. Investigate how daily actions align with personal vision. Creatively express 'dreams' about their future in terms of family, peers, school and community. Integrity - Define integrity as showing good character so that their actions are in sync with their values in all circumstances. Evaluate the consequences of having or lacking integrity. Discuss the dichotomy between 'secret keeping' and integrity. Identify the difference between telling and being a 'tattle tale'.	Leadership - Synthesize leadership qualities based on other character qualities and skills. Apply positive self-leadership techniques. Identify different leadership styles and how those styles can affect group processes. Caring - Identify the qualities that make a true friend, such as being able to work through conflict and sticking up for a friend. Examine the key component of leadership: relationship. Demonstrate outward concern for others through action.	Communication - Justify that effective communication is not about what they say but about what others hear. Research and hypothesize ways to diffuse conflicts. Compare genuine and poor listening skills. Demonstrate the ability to comprehend others' perspectives in a conflict situation. Leadership - Synthesize leadership qualities based on other character qualities and skills. Appraise the power of attitude to determine outcomes in their life and produce practical ways to change their attitude. Identify different leadership styles and how those styles can affect group processes.	Communication - Define communication as using many methods to accurately relay and receive messages. Demonstrate the ability to comprehend others' perspectives in a conflict situation. Identify non-verbal behaviors that affect communication both positively and negatively. Research and hypothesize ways to diffuse conflicts. Decision Making Relationships - Discuss the various meanings of maturity. List ways to make positive decisions in real life that reflect their personal vision. Judge the influence that relationships have on their success at school and in life.	Integrity - Evaluate the consequences of having or lacking integrity. Define integrity as showing good character so that their actions are in sync with their values in all circumstances. Discuss the dichotomy between 'secret keeping' and integrity. Identify the difference between telling and being a 'tattle tale'. Courage - Define courage as standing up for what they believe and not giving up. Analyze the ways to build self-confidence by taking small risks, learning through failure and building upon small successes. Demonstrate positive ways to say “No” to negative peer pressure. Explore the benefits of finding the courage to discuss their emotions and talk about difficult situations.
	<i>Common Core</i>	CCSS.ELA-LITERACY.SL.7.1.A CCSS.ELA-LITERACY.SL.7.6 CCSS.ELA-LITERACY.SL.7.1 CCSS.ELA-LITERACY.SL.7.2	CCSS.ELA-LITERACY.SL.7.1.C CCSS.ELA-LITERACY.SL.7.1 CCSS.ELA-LITERACY.SL.7.2 CCSS.ELA-LITERACY.SL.7.1.A	CCSS.ELA-LITERACY.SL.7.2 CCSS.ELA-LITERACY.SL.7.1.D CCSS.ELA-LITERACY.CCRA.R.1	CCSS.ELA-LITERACY.SL.7.1.D CCSS.ELA-LITERACY.L.7.3 CCSS.ELA-LITERACY.L.7.4.A CCSS.ELA-LITERACY.L.7.5.B	CCSS.ELA-LITERACY.L.7.3.A CCSS.ELA-LITERACY.L.7.6 CCSS.ELA-LITERACY.SL.7.1.D CCSS.ELA-LITERACY.L.7.1	CCSS.ELA-LITERACY.SL.7.1.B CCSS.ELA-LITERACY.SL.7.1 CCSS.ELA-LITERACY.W.7.1.C CCSS.ELA-LITERACY.SL.7.1.D	CCSS.ELA-LITERACY.SL.7.2 CCSS.ELA-LITERACY.SL.7.1.C CCSS.ELA-LITERACY.SL.7.1.D CCSS.ELA-LITERACY.SL.7.1	CCSS.ELA-LITERACY.SL.7.4 CCSS.ELA-LITERACY.SL.7.1.D CCSS.ELA-LITERACY.SL.7.6 CCSS.ELA-LITERACY.RI.7.3	CCSS.ELA-LITERACY.W.7.10 CCSS.ELA-LITERACY.SL.7.1.D CCSS.ELA-LITERACY.SL.7.1
	<i>Explore/ACT-Targeted Standards</i>	ELA - Revise vague nouns and pronouns that create obvious logic problems.	Science - Select a single piece of data from a simple data presentation (table or graph with 2-3 variables; a food web diagram, etc.)	Reading - Recognize a clear intent of an author or narrator in uncomplicated literary narratives.	ELA - Revise sentences to correct awkward and confusing arrangements of sentence elements.	Social Studies/Reading - Draw simple generalizations and conclusions about the main characters in uncomplicated literary narratives.	Social Studies/Reading - Recognize clear cause-effect relationships described within a single sentence in a passage.	Social Studies/Reading - Recognize clear cause-effect relationships described within a single sentence in a passage.	Science - Determine how the value of one variable changes as the value of another variable changes in a simple data presentation.	TBD Reading - Understand the implication of a familiar word or phrase and of simple descriptive language.
	<i>7 parts of a Whole Person</i>	Academic	Academic	Emotional	Emotional	Spiritual	Spiritual	Social	Social	Social
	<i>40 Developmental Assets</i>	Social Competencies: - Interpersonal Competencies	Social Competencies: - Resistance Skills	Social Competencies: - Peaceful Conflict Resolution	Positive Identity: - Self Esteem	Positive Identity: - Sense of Purpose	Positive Values: - Equality and Social Justice	Positive Values: - Equality and Social Justice	Positive Values: - Restraint	Positive Values: - Integrity
Weekly Breakdown of Lessons	Lesson One	<u>Reviewing Our Class Agreement</u>	<u>Review of Scheduling Strategies</u>	<u>Stay Calm and Let it Go</u>	<u>Shut Your Inner Critic Up</u>	<u>What Do You Love to Do?</u>	<u>Is Equal the Same as Fair?</u>	<u>How Do You Show Equality and Fairness?</u>	<u>Training Your Thoughts and Beliefs</u>	<u>Admit Mistakes and Fix Them</u>
	Lesson Two	<u>Eye Contact and Body Language</u>	<u>Using Organizational Strategies</u>	<u>Step Back for the Big Picture</u>	<u>Pick a Healthy Habit and Build It</u>	<u>What Are Your Gifts/Talents?</u>	<u>How Does Social Justice Help You?</u>	<u>How Can You Help Others Show Equality and Fairness?</u>	<u>The Rest of the Story</u>	<u>Write Tasks Down to Keep Promises</u>
	Lesson Three	<u>Passive, Assertive or Aggressive</u>	<u>Using Note-Taking Strategies</u>	<u>Do Your Mouth and Body Align?</u>	<u>Attitude of Gratitude</u>	<u>Who Would Be the Most Inspiring Mentor?</u>	<u>Where in the World is Better and Where is it Worse?</u>	<u>How Would You Run a Planet for the Greater Good</u>	<u>Choosing Your Attitude</u>	<u>Practice Loyalty</u>
	Lesson Four	<u>Would You Please Cooperate?</u>	<u>Using Test-Taking Strategies</u>	<u>Are You Adding to the Fire?</u>	<u>Do the Next Right Thing and Celebrate</u>	<u>Inspiration from Failure</u>	<u>Which World Issues Bother You the Most?</u>	<u>Move to My Planet ... Please</u>	<u>How to Create a Social Movement</u>	<u>Stay Humble and Honest</u>
	Lesson Five	<u>More Note-Taking Strategies/Open Lesson</u>	<u>More Test-Taking Strategies/Open Lesson</u>	<u>Celebrating Gratitude/Open Lesson</u>	<u>More Note-Taking Strategies/Open Lesson</u>	<u>More Test-Taking Strategies/Open Lesson</u>	<u>Celebrating Mentors/Open Lesson</u>	<u>More Note-Taking Strategies/Open Lesson</u>	<u>More Test-Taking Strategies/Open Lesson</u>	<u>Celebrating Keeping Promises/Open Lesson</u>