

Intro to Elevate - 9th Grade		Focus Semester 1: Me and My Place in the World								
		Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9
Focus	<i>Ex: Character, Skill, Main Topic</i>	1. Courage 2. Introduction to Elevate 3. Thriving in High School	1. Courage 2. Introduction to Elevate 3. Respect	1. Caring 2. Decision Making 3. Introduction to Elevate	1. Caring 2. Courage 3. Responsibility	1. Caring 2. Decision Making 3. Responsibility	1. Decision Making - Relationships 2. Integrity 3. Positive Work Ethic	1. Goal Setting 2. Positive Work Ethic 3. Responsibility	1. Decision Making 2. Decision Making Relationships 3. Goal Setting	1. Decision Making 2. Introduction to Elevate 3. Positive Work Ethic
Standards and Objectives	<i>Elevate Objectives</i>	* Understand and justify the purpose of Elevate, class expectations and why their learning matters. * Navigate the sometimes difficult transition from middle school to high school so that they have a successful freshman year as defined by attendance, academics, friendships and attitude.	* Understand and justify the purpose of Elevate, class expectations and why their learning matters. * Create a plan to demonstrate respect to parents, caregivers and/or teachers.	* Identify the concept of positive culture in the classroom and home. * Create a self-care plan of action, which allows for rejuvenation.	* Identify how caring for oneself leads to being able to care for others. * Define courage as the ability to face one’s fears and find strength in the midst of adversity and change.	* Investigate ways they can build a positive attitude toward themselves and others through an attitude of gratitude. * Analyze real life issues and make positive decisions that reflect their personal values and 'dream'.	* Critique the characteristics of healthy and unhealthy friendships, dating relationships and marriages. * Analyze when and why it is necessary to seek help with or leave an unhealthy situation.	* Debate the importance of goal setting for personal achievement and apply learning by creating appropriate personal goals. * Show how giving their best integrates into all areas of their life.	* Make a personal commitment to avoid situations that put a person at risk due to the presence of alcohol and other drugs. * Create their own friendship and dating rules based on values, goals and life vision.	* Identify the concept of positive culture in the classroom and home. * Create a plan for building a positive work ethic as it relates to their academic career and home life.
	<i>Common Core</i>	-LITERACY.SL.9-10.1C - LITERACY.SL.9-10.1D - LITERACY.SL.9-10.1	-LITERACY.SL.9-10.1.B . - LITERACY.SL.9-10.1 . - LITERACY.SL.9-10.4	-Literacy.RL.9-10.4 -Literacy.SL.9-10.1 I -LITERACY.RL.9-10.10	-LITERACY.SL.9-10.2 - Literacy.W.9-10.1.b -Literacy.SL.9-10.6	-LITERACY.SL.9-10.6 - Literacy.W.9-10.10 -Literacy.SL.9-10.1.b	-LITERACY.SL.9-10.1 - LITERACY.SL.9-10.4 -Literacy.SL.9-10.1.c	-LITERACY.SL.9-10.1C - LITERACY.SL.9-10.1D - Literacy.W.9-10.4	-Literacy.SL.9-10.1 -iteracy.SL.9-10.6 -Literacy.SL.9-10.1.b	-LITERACY.RL.9-10.10 -LITERACY.RL.9-10.3 -Literacy.RL.9-10.4
	<i>7 parts of a Whole Person</i>	Social Emotional	Social Emotional	Intellectual Physical	Intellectual Physical	Intellectual Emotional	Intellectual Emotional	Intellectual Social	Intellectual Emotional	Social Emotional
	<i>CASEL Competencies</i>	Self-awareness Self-management	Self-awareness Self-management	Self-management	Self-management	Relationships Skills Self-Management	Relationship Skills Self-Management	Self-Management	Self-Management Relationship Skills	Self-Management Relationship Skills
	Lesson One	Picture This	Class Agreement	Mindful Reset	My Daily, Weekly Habits	Habits for Success	A Principal Situation	Being a Successful Teen	Dream Big!	What Do Reactive Responses Look Like?
	Lesson Two	This is How We Elevate	Rites of Passage	Your Behaviors Turn into Habits	Talking to Myself	Positive Changes	Need a Self-Confidence Boost?	Values and Actions Should Align	Balancing Your Personal Bank Account	What Do Intentional Responses Look Like?
	Lesson Three	How Do You Learn	Getting to Know You, Character Qualities and Life Skills	Where Do Good and Bad Habits Lead?	You Can, If You Think You Can	Aligning Your Behaviors and Values	Who is in this Year's Story?	Goals for Success	My Personal Mission Statement	Who is Responsible?
	Lesson Four	Showing Your Personality	Stepping Out	Own Your Habits So You Can Improve Them	Seeing is Believing	Values and Attitudes Drive Decisions	Chapter Titles	Planning for Our Goals	Who Ads and Takes From My Toolbox of Confidence?	Time to Get Organized
	Lesson Five	Self-Discovery: Where It Starts AND Artifact: Caricature of yourself with strengths exaggerated	You Get What You Give AND Artifact: What do I need to put into school to get something worthwhile out of it?	How Can I Hold Myself Responsible? AND Artifact: Who can I be responsible to and responsible for in creating those daily habits?	Concentrate, Review, Assessment AND Assessment #1	What's In Your Wallet? AND Artifact: What are your two greatest values and how will they get you through struggles?	Two Paths You Can Take AND Artifact: What are the silver linings of your own struggles?	Prioritizing My Values AND Artifact: How do I prioritize my values? Which two are most important to me?	Review Game, Assessment and Feedback AND Elevate Assessment #2	Why We Can't Quit AND Artifact: Creating goals around grades - what could my report card look like if I put in 100%

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		Week 10	Week 11	Week 12	Week 13	Week 14	Week 15	Week 16
Focus	<i>Ex: Character, Skill, Main Topic</i>	1. Decision Making 2. Leadership 3. Positive Work Ethic	Veterans Day 1. Integrity	1. Responsibility 2. Caring 3. Integrity	Thanksgiving 1. Leadership 2. Goal Setting	1. Decision Making 2. Goal Setting 3. Leadership	1. Communication 2. Decision Making 3. Responsibility	1. Vision 2. Decision Making
Standards and Objectives	<i>Elevate Objectives</i>	* Organize, construct and apply a variety of decision-making models to their lives. * Apply positive self-leadership techniques.	* Examine the key components of integrity: honesty, consistency of character, remaining true to themselves and keeping commitments. * Define integrity as consistency of character - living and being in sync with who you are at all times and in all circumstances.	* Justify that forgiving others and letting go of grudges is a way of caring for themselves. * Define integrity as consistency of character - living and being in sync with who you are at all times and in all circumstances.	* Produce goals in their life as they relate to their personal 'dream'. * Apply positive self-leadership techniques.	* Define Decision Making as action that moderates the effects of risk exposure, reducing vulnerability and increasing resiliency that leads to healthier behaviors and positive life choices. * Analyze real life issues and make positive decisions that reflect their personal values and 'dream'.	* Identify their intrapersonal language and analyze how that language impacts their personal behavior and decision making. * Define Decision Making as action that moderates the effects of risk exposure, reducing vulnerability and increasing resiliency that leads to healthier behaviors and positive life choices.	* Use prediction and cause and effect models to predict the future outcome of present day decision making. * Create an academic plan for success.
	<i>Common Core</i>	-LITERACY.SL.9-10. - LITERACY.SL.9-10.1 -Literacy.SL.9-10.4	-Literacy.SL.9-10.1.d - LITERACY.SL.9-10.1 - LITERACY.SL.9-10.6	-LITERACY.SL.9-10.1 - LITERACY.SL.9-10.1.D - LITERACY.SL.9-10.2	-LITERACY.SL.9-10.1.C - LITERACY.SL.9-10.4	-LITERACY.SL.9-10.1.B - LITERACY.W.9-10.10 - LITERACY.W.9-10.3.C	-LITERACY.SL.9-10.1.A - LITERACY.W.9-10.4 - LITERACY.SL.9-10.1.B	-LITERACY.W.9-10.3.C - LITERACY.W.9-10.3.E - LITERACY.W.9-10.3
	<i>7 parts of a Whole Person</i>	Social Intellectual	Intellectual Physical	Intellectual Physical	Social, Intellectual, Emotional	Social, Emotional, Intellectual	Intellectual	Intellectual
	<i>CASEL Competencies</i>	Self-Management Relationship Skills	Self-Management Responsible Decision-Making	Self-Management, Relationship Skills, Responsible Decision-Making	Self-Awareness Responsible Decision-Making	Self-Management Responsible Decision-Making	Responsible Decision-Making	Self-Management Responsible Decision-Making
	Lesson One	Time Management ... the Real MVP	Open Lesson	Open Lesson	Open Lesson	Open Lesson	Open Lesson	Open Lesson
	Lesson Two	Living in Symbiosis	Stress about Stress	Stress and My Family	Positive Results for This Week	Yes or No?	How Do You Balance it All?	Grades and Goals
	Lesson Three	Habits and Relationships	What Does Integrity Look Like?	Private You vs. Public You	Thanksgiving Break	Building Teen Confidence	Put it into Action	Time to Reflect
	Lesson Four	Time Management ... and Family Time	Playing to the Stress	Stress Affects the People Around You	Thanksgiving Break	Open Lesson	Think and Act, Don't React	Dear Me
	Lesson Five	Family Time Discussion AND Artifact: What does my family act and talk like on our best day, when I give 100%?	Deep Look in the Mirror AND Artifact: What can I do to restore trust with someone?	Integrity and Assessment	Thanksgiving Break	Where Does Yes or No Lead? AND Artifact: What are my goals, and what choices do I need to make to succeed?	Strategize and Prioritize AND Artifact: What are 3 of your oranges (large tasks) and M&Ms (small tasks)?	Comebacks and Assessment