er 1 - 10th - 11th Grade										
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10
Ex: Character, Skill, Main Topic	1. Vision 2. Integrity	Coal Setting     Work Ethic     Little Elevate (Goal Setting)	Communication     Responsibility     Little Elevate (Communication)	Courage     Little Elevate (Problem- Solving)	Black History Month 1. Responsibility 2. Little Elevate (Responsibility)	Courage     Little Elevate (Courage)	Decision Making     Little Elevate (Decision Making)	Decision Making: Relationships     Little Elevate (Decision     Making Relationships)	Decision Making: Relationships     Little Elevate (Vision)	Positive Work Ethic     Little Elevate (Work Ethic)
	Investigate and integrate their personal values into all areas of their lives.     Analyze the necessity of staying focused on a positive vision (the bigger picture) in order to remain encouraged and committed despite obstacles that might arise.	variety of means. 3. Monitor goals periodically	Assess why effective communication includes sharing feelings, thoughts and values with others.     Demonstrate the ability to comprehend others' perspectives in a conflict situation.     Hypothesize about the correlation between caring blame on others and showing personal responsibility.	Investigate and appraise how it takes courage to talk about difficult situations and listen to others without judging their opinions or feelings.     Explore the benefits of finding the courage to discuss their emotions and talk about difficult situations.     Judge humility to be a key component of strength.	Hypothesize about the correlation between caring blame on others and showing personal responsibility.     Examine and implement the ways to take responsibility for personal behavior.	Investigate and appraise how it takes courage to talk about difficult situations and listen to others withou judging their opinions or feelings.     Demonstrate tolerance for individual differences.     Sexplore the benefits of finding the courage to discuss their emotions and talk about difficult situations.	vulnerability and increasing resiliency that leads to healthier behaviors and positive life choices.	Critique the characteristics of healthy and unhealthy friendships, dating relationships and marriage. 2. Analyze the characteristics of a mentally and emotionally healthy person. 3. Compare love vs. infatuation.	Investigate the possible consequences of early sexual behavior and the emotional, mental, social and physical benefits of delaying sexual activity.     Analyze the characteristics of a mentally and emotionally healthy person     Summarize why it is important to tell an adult if people are in danger of harming themselves or others.	Examine and plan for positive work ethic behaviors such as being on time, being prepared, taking initiative and going above and beyond what is required.     Contrast internal and external motivation.     Debate if it is possible for extern motivation to actually be harmful to accomplishing goals.
	Self-Awareness Social Awareness Self- Management	Self-Awareness Self- Management	Self-Awareness Self- Management Social Awareness	Self-Awareness Social Awareness Relationship Skills	Self-Awareness Self- Management Responsible Decision Making	Self-Awareness Social Awareness	Self-Management Responsible Decision Making	Relationship Skills Responsible Decision Making	Relationship Skills Responsible Decision Making	Self-Awareness Self- Managemen
Lesson One	Looking Back and Looking Forward	Revisiting SMART Goals from First Semester	Expressing Feelings, Thoughts and Values	The Danger of Silence	Be a Victor, Not a Victim (A Look at Martin Luther King, Jr.)	Facing Your Past	Decision Making Tool 1: Pros and Cons (PMI)	What Do You Really Want?	Consequences of Early Sexual Activity, Part 1	What Motivates You?
Lesson Two	Values Living	Perseverance Pays Off	Being Assertive	How Not to Compromise with Fear	Do You Have a Victim or Victor Mindset?	Healing Old Wounds	Decision Making Tool 2: Thinking Hats	Is it Love or Infatuation?	Consequences of Early Sexual Activity, Part 2	Following Through
Lesson Three	Focus on the Bigger Picture	Align Your Effort with Your Dreams	Seeking and Offering Help	Taking Risks	You Control Your Attitudes and Outcomes	Open Lesson	Decision Making Tool 3: Pareto Analysis and the 80:20 Rule	Responding to Red Flags	Open Lesson: Suggested Guest Speaker	Life Builds Your Resilience
Lesson Four	Finding Your Balance	Elevater Lesson Prep Day AND LE: Reaching Your Dreams	Elevater Lesson Prep Day AND LE: Sharing Your Feelings	Elevater Lesson Prep Day AND LE: What to Do When You're Angry	Elevater Lesson Prep Day AND LE: Messy Room	Elevater Lesson Prep Day AND LE: What Can You Do When You're Afraid?	Elevater Lesson Prep Day AND LE: Decisions Have Consequences	Elevater Lesson Prep Day AND LE: Choose to Make Good Friends	Elevater Lesson Prep Day AND LE: Puzzle Pieces: Build Your Vision	Elevater Lesson Prep Day AND LE: Built to Stand
Lesson Five	Open Lesson	Little Elevate Teaching Day	Little Elevate Teaching Day	Little Elevate Teaching Day	Little Elevate Teaching Day	Little Elevate Teaching Day	Little Elevate Teaching Day	Little Elevate Teaching Day	Little Elevate Teaching Day	Little Elevate Teaching Day

'	Grade	Week 11	Week 12	Week 13	Week 14	Week 15	Week 16	Week 17	Week 18	Week 19	Week 20
	x: Character, Skill, Iain Topic	Problem Solving 2. Little Elevate (Respect)	Ceasar Chavez Day, 3/31 1. Courage 3. Little Elevate (Courage)	Decision Making 2. Little Lip (Decision Making)	Decision Making 2: Little Lip (Decision Making)	Career Minded 2. Little Elevate (Career Minded, Caring)	Career Minded 2. Little Elevate (Career Minded)	Career Minded 2. Little Elevate (Communication)	Career Minded 2. Little Elevate     (Positive Work Ethic)	Memorial Day 1. Respect 2. Little Lip (Leadership)	Finals 2. Celebration and Feedback
El	levate Objectives	Apply conflict resolution skills, including forgiveness, to alleviate conflict in their personal lives. 2.     Design solutions to problems through collaboration and teamwork. 3. Judge the necessity of seeking help from a trusted adult when faced with challenges.	1. Explore the benefits of finding the courage to discuss their emotions and talk about difficult situations. 2. Design solutions to scenarios and share their solutions with the class. 3. Analyze the ways to build self-confidence by taking small risks, learning through failure and building upon small successes.	Use prediction and cause- and- effect models to predict the future outcome of present-day decision- making. 2. Analyze real-life issues and make positive decisions that reflect their personal values and mission.     Predict the potential effects of an individual's substance abuse on others.	Analyze how media messages normalize violence and inappropriate behavior.     Use prediction and cause- and-effect models to predict the future outcome of present-day decision making     Practice time management and balance the various priorities in their lives.	Synthesize which careers best fit	Identify and implement ways to build a personal brand. 2. Defend the necessity of building a personal brand and promoting themselves when building their career.	Successfully and confidently write a resume, apply for a job and participate in an interview.		to parents and/or teachers.	Identify a variety of short- term goals that lead to the accomplishment of a long- term g 2. Investigate and integrate their personal values into all areas of t lives.
	CASEL Competencies	Self-Awareness Responsible Decision Making	Self-Awareness Social Awareness	Self-Awareness Social Awareness Self- Management Responsible Decision Making	Self-Management Responsible Decision Making	Self-Awareness Responsible Decision Making	l l	Self-Awareness Self- Management Responsible Decision Making	Self-Management Social Awareness Responsible Decision Making	Social Awareness	Self-Awareness
	Lesson One	What Forgiveness Is and What It's Not	The STPA of Bullying	Peer Pressure and Influence	The Secret Life Online	What Career Do You Gravitate Toward?	Building Your Personal Brand, Part 1	Writing a Resume, Part 1	Applying for a Job	Respecting Service Members	Letter to Myself, Part 2
	Lesson Two	Stories of Forgiveness	To This Day	Once Upon a Time	I've Been Online That Long?	Career Detective	Building Your Personal Brand, Part 2	Writing a Resume, Part 2	How to Interview	On My Honor	Open Lesson
	Lesson Three	Forgiving Yourself	Stand Up and Speak Out	Consequences of Drugs	Decisions Today Define Tomorrow	Job Skills and Traits	Networking	Open Lesson: Suggested resume writing workshop	Mock Interviews	The Privilege of Freedom	Open Lesson
	Lesson Four	Elevater Lesson Prep Day AND LE: Respect Yourself and Others	Elevater Lesson Prep Day AND LE: Courageous Comebacks	Elevater Lesson Prep Day AND LE: Decide to be Smart about Drugs	Elevater Lesson Prep Day AND LE: Be Smart about the Internet	Elevater Lesson Prep Day AND LE: What Kind of Career Do You Want?	Elevater Lesson Prep Day AND LE: My Dream Job	Elevater Lesson Prep Day AND LE: Communicating with TLC	Elevater Lesson Prep Day AND LE: Work Hard in Everything	Elevater Lesson Prep Day AND LE: Actions Speak Loudest	Open Lesson
	Lesson Five	Little Elevate Teaching Day	Little Elevate Teaching Day	Little Elevate Teaching Day	Little Elevate Teaching Day	Little Elevate Teaching Day	Little Elevate Teaching Day	Little Elevate Teaching Day	Little Elevate Teaching Day	Little Elevate Teaching Day	Open Lesson